AccessLetter

Cambridge Commission for Persons with Disabilities

Griffin Highlights Employment & Communication Challenges

We have made a lot of great strides in improving access for people with disabilities over the past couple of decades, but we still have a long way to go in the area of employment. That was the message delivered by Christine Griffin at CCPD's annual employment event on October 19. "We've done amazing things with access, and getting

people [with disabilities] out of institutions living in the community... but if they can't actually get a job and support themselves... you're not free in this country until you actually have a job and a paycheck," said Griffin.

The event, entitled "Communication Around the Workplace: Bridging Gaps Between People With Disabilities and Employers" featured Griffin as keynote speaker. Griffin is Assistant Secretary for Disability Policy and Programs at the Massachusetts Executive Office of

Health and Human Services, and oversees the Disability Policies & Programs, which includes Mass Rehab Commission, Mass Commission For the Blind, and Massachusetts Commission for the Deaf and Hard of Hearing.

"You can't live the American dream unless you can have access to all the other things that [nondisabled] people have," said Griffin. She emphasized the importance of being employed, not just for the economic freedom it offers, but for individuals' self-worth: "There are a lot of issues related to what we do for work that are wrapped up... in our own self esteem, and how we interact with other people."

(More on Griffin Speech, page 2)

New Film Documents the Disability Rights Movement

The disability rights movement in the United States has never been fully understood or appreciated by the mainstream nondisabled public. A new documentary film, which premiered last month, sets out to correct that. Lives Worth Living is a film directed and produced by Massachusetts-based Eric Neudel, and broadcast

> by PBS through ITVS, as part of the Independent Lens series. The film is the first comprehensive television chronicle of the history of the American disability rights movement, from the post-World War II era until the passage of the Americans with Disabilities Act (ADA) in 1990.

This powerful documentary intersperses archival footage with first-person interviews with disability rights activists who fought discrimination such as Judi Chamberlin, Fred Fay, Judith Heumann, and I. King Jordan, and

with legislators who helped draft and secure the passage of the ADA, including Tony Coelho and Tom Harkin.



Christine Griffin gives keynote speech Oct. 19th

Photo credit: Bob Coe

From the beginnings of the disability rights movement, when veterans with disabilities returning home from World War II began to demand an end to discrimination and for better access to employment and other social opportunities, Lives Worth Living traces the history of the movement in the United States in roughly chronological order. In the late 1960s and early 1970s, as the film demonstrates, activists with disabilities began to adopt the some of the same tactics and strategies used by civil

(More on Lives Worth Living, page 2)

Griffin Speech (cont. from page 1)

But negative attitudes in the workplace towards people with disabilities still persist, maintained Griffin, who further argued that until significantly higher numbers of people with disabilities were hired by employers all across the country, these barriers will continue. "Until we actually hire people with disabilities in a critical mass in all workplaces in this country, we actually aren't going to change how we think about people with disabilities," said Griffin.

Griffin pointed out that state and federal governments have taken the lead in working to eliminate employment barriers against people

with disabilities. One concrete step that government employers have taken, said Griffin. was making it easier for employees to disclose their disabilities and thereby obtain necessary accommodations: "[Governments] want to be a better employer,



Scene from *Lives Worth Living*: ADAPT protesters in Las Vegas, 1993

and we want to encourage you to disclose because we want to take credit for employing you and we want to make sure that we are doing a good job actually recruiting and hiring people with disabilities."

Technology, and its many promises and pitfalls, especially in the workplace, was another area highlighted by Griffin during her address. "[We] have really seen some amazing advances in technology...but it also has really presented some challenges," said Griffin. She went on to describe a specific example how a concern over security led to a restriction in the use of adaptive technology for people with disabilities. Griffin argued that employers should more actively seek solutions to

these problems: "Technology... should offer more opportunities, because there are more ways that you can actually get a job done now."

Lives Worth Living (cont. from page 2)

rights activists a decade or more earlier, including marches, protests, and civil disobedience.

Using sometimes-disturbing archival footage, *Lives Worth Living* describes efforts spearheaded by activists and politicians like Bobby Kennedy to shine a public spotlight on the often-horrendous conditions in state institutions for people with mental disabilities, such as Willowbrook State

School in Staten Island, New York, eventually leading to deinstitutionalization and community-based alternative programs. Lives Worth Living also documents how. in 1988, Deaf students at Gallaudet University in Washington D.C. protested the appointment of yet another in a long line of hearing presidents, and demanded that a

Photo credit: Tom Olin

Deaf president be appointed instead.

The film effectively documents how people with disabilities formed cross-disability coalitions to demand access to all the things that nondisabled people take for granted, including public transportation, accessible housing, public accommodations, and jobs. All these efforts culminated in the passage of the Americans with Disabilities Act by Congress, and the ADA's signing by President George H. W. Bush on July 26, 1990.

To learn more about *Lives Worth Living*, and to view clips from the film, visit: <www.pbs.org/independentlens/lives-worth-living>.

David Peterson Dead at 68

With sorrow and a sense of loss, CCPD recently

learned of the passing of David L. Peterson. David died of pancreatic cancer on November 3 at Spaulding Hospital Cambridge.

A long-standing advocate for justice and civil rights spanning several constituencies, David served as a member of the CCPD board from 1998 until 2004. After his six years of service on the board, David steadily remained involved with CCPD until his passing.

"David was very involved with all aspects of CCPD and never hesitated to speak out for what was right while keeping an open mind," said JoAnn Haas, CCPD member; "David made a difference and will always be remembered for his courage and convictions as well as his strong contributions to CCPD and the disability community."

His knowledge, interests and passions extended far and wide, ranging from bioethics to



David L. Peterson 1943-2011

communication to religion. While David's

steadfast activism reached into many areas, he was a particularly vocal advocate for accessible transportation, from airline travel to accessible taxicabs. He was also very dedicated to raising awareness about problems of domestic violence, and how it impacts people with disabilities in particular.

David's advocacy for justice and human rights also extended into the gay and lesbian civil rights community. According to *Bay Windows*, David was one of the founders of several important early LGBT organizations in

the Boston area, including Lesbian and Gay Media Advocates, Gay Speakers Bureau (now SpeakOUT), and *Gay Community News*.

Beyond his dedication to equal rights and justice, David will be remembered for his wry sense of humor and comradeship. "David was a wise and funny man, gentle in demeanor but strong in purpose," said Carolyn Thompson, former project coordinator for CCPD.

Upcoming Events of Interest to the Disability Community (See end of Calendar for all weekly/recurring events)

- Now-Jan. 6 **Open Door Gallery Presents** *Handmade Holiday* VSA Massachusetts' *Handmade Holiday* is the state's alternative craft and art exhibit featuring the work of local crafters & artists of all abilities, featuring weaving, printmaking, jewelry, felting, painting and much more. This exhibit is offered in collaboration with Third Sector New England, CATA, Saori Worcester, Creative Union and the William E. Carter School, and is being held in the Open Door Gallery at The NonProfit Center, 89 South Street #101, Boston, MA 02111 (near MBTA South Station). Contact VSA for more information at 617-350-7713 (voice), 617-350-6536 (TTY), or 866-552-4796 (Videophone).
- Dec. 1 **Women and Words Series: The Impact of** *Our Bodies, Ourselves* Women and Words, a new quarterly series hosted by the Cambridge Women's Commission, is honored to welcome Wendy Sanford and Ayesha Chatterjee from *Our Bodies, Ourselves* as they lead a discussion about the collective's impact on women, health education and advocacy during the last 40 years. FREE and open to the public, this event will be held from 7-8:30pm in the 2nd Floor Conference Room of Cambridge City Hall Annex, 344 Broadway. For more information, contact Emily Shield at <eshield@cambridgema.gov> or 617-349-4697. Light Refreshments will be provided.

- Dec. 3 **Boston Acquired Brain Injury Support Group (BABIS) presents Laughing Yoga: New Energy for the Holidays** Sandy Boris-Berkowitz will be offering this presentation at BABIS's December monthly meeting, which will be held at Spaulding Rehabilitation Hospital in Boston. Please see Saturday listing for BABIS under "Weekly & Recurring Events" for more information, including location details and contact information.
- Dec. 3 **Women with Asperger Syndrome: Staying Healthy and Safe with Liane Holliday Willey** In this presentation sponsored by the Pomroy Foundation and hosted by the Asperger's Association of New England (AANE), Professor Liane Holliday Willey will address the trials and tribulations women with AS face that can endanger their happiness, self-esteem, and quality of life, by speaking from personal experience with predators, self-injury, depression, and anger. This program is intended for women of all ages and will be held from 9:15am to noon at AANE, 51 Water Street, Suite 206, Watertown, MA and live online video streaming will be provided, as well. Pre-registration to either attend in person or follow the live web-stream is required and costs \$25. For more information, contact AANE at <info@aane.org> or 617-393-3824, or visit <www.aane.org/upcoming_events/aane_event_list.html>.
- Dec. 6 Financial Planning for a Family Member with Special Needs This FREE panel discussion is sponsored by the Cambridge/Middlesex Chapter of the National Alliance on Mental Illness (NAMI) and will cover current benefits available to persons with disabilities (PWD), as well as individual and pooled special needs trusts. The panel will feature Neal Winston, Special Needs Attorney and Partner, Moschella and Winston; Pat Freedman, Attorney and Executive Director, PLAN of MA and RI; and Bob Smith, Benefits Specialist, MA Department of Mental Health. Participants will learn about public benefits programs and agencies that support PWDs, as well as how to create an estate plan including a special needs trust. Free and open to the public, this workshop will be held in the Macht Auditorium of Cambridge Hospital, 1493 Cambridge Street (free hospital parking with vouchers obtained at the meeting). Refreshments will be provided for social time beginning at 6:30pm, followed by presentations from 7-8:00pm, and a question and answer period from 8-8:30pm. For more information, please call 617-491-3459 or email <Jane@nami-cambridgemiddlesex.org>.
- Dec. 8 Cambridge Commission for Persons with Disabilities (CCPD) Monthly Meeting/Holiday Party meets in the 2nd floor conference room at 51 Inman Street, Cambridge from 5:30pm-7pm on the 2nd Thursday of each month, unless a holiday, with opportunity for public comment. The December business meeting will be abbreviated and will be followed by a potluck holiday party. Call 617-349-4692 (voice) or 617-492-0235 (TTY) or e-mail kthurman@cambridgema.gov for more information or to request accommodations.
- Dec. 21 DBSA-Boston Holiday Party, Raffle and Art Show The Depression Bipolar Support Alliance of Boston is holding their annual Holiday Party from 6-9pm, including an hour of share/care. This is a great opportunity to chat with one another, enjoy the festivities and even do some holiday gift shopping. DBSA will provide sandwiches, pizza, beverages, fruit tray, veggie tray and cake, and ask that participants think about their favorite holiday foods and sign-up to contribute to the buffet. Suggestions include salads, cheese/crackers, brownies, corn chips/salsa, etc. DBSA-Boston members will have artwork on display and for sale, including paintings, photographs and jewelry. What a wonderful opportunity to do some last-minute holiday gift shopping! Many of the artists will be donating 10% of their sales to DBSA-Boston. Artists must be signed-up in advance to participate. Only eight spots are available for artists, so, sign up as soon as possible. If you have questions about the art show, please contact Tina Murphy <christinamurphy@dbsaboston.org> or call DBSA-Boston at 617-855-2795. The cost for the party is \$3.00 for members and \$5.00 for nonmembers. The party will be held in the de Marneffe Cafeteria at McLean's Hospital, 115 Mill Street, Belmont, MA 02478.

- Jan. 11 Easter Seals Presents: iDevices for Beginners: iPod Touch, iPad, and iPhone Offered by the Easter Seals Assistive Technology Regional Center (ARTC), this FREE presentation will touch upon the latest iDevices on the market from the perspective of a new user. The latest operating system (iOS5), importance of backing up devices, general settings, built-in accessibility features, the art of gestures, and how to select and download quality "apps" will all be discussed. This workshop is designed to get one off the starting block in this world of iDevices, and attendees are welcome to bring their iDevices. The presentation will be held at Easter Seals, 89 South Street in Boston (one block from MBTA South Station) from 10am-12pm. Pre-registration is required and may be done by emailing <ARTC@eastersealsma.org> or calling 617-226-2634. More information, including directions, may be found onine at <www.eastersealsma.org>. Requests for reasonable accommodations must be received three weeks in advance.
- Jan. 12 **Cambridge Commission for Persons with Disabilities (CCPD) Monthly Meeting** meets in the 2nd floor conference room at 51 Inman Street, Cambridge from 5:30pm-7pm on the 2nd Thursday of each month, unless a holiday, with opportunity for public comment. Call 617-349-4692 (voice) or 617-492-0235 (TTY) or e-mail kthurman@cambridgema.gov for more information or to request accommodations.
- Jan. 12 **Parent Training in Cambridge: 504 Plans** Offered by the Federation for Children with Special Needs (FCSN), this workshop will explain new 504 Plan eligibility criteria under Federal Civil Rights law and explore the protections provided for students with disabilities. Key differences between an IEP and a 504 Plan will be discussed, as well as standard and non-standard accommodations that can be used in the classroom and for assessment. This workshop will be held from 6:30-8:30pm, with the Cambridge location still to be determined. For more information as it becomes available, visit <www.fcsn.org/pti>, call 617-236-7210, or email <register@fcsn.org>.

Weekly & Recurring Events

Ongoing

Injured Worker Support Meetings –Meetings are scheduled by appointment, often the 1st Wednesday of the month, 5:15 - 6:45 pm, but other times can be arranged. Meetings/appointments usually take place at 650 Beacon Street, Kenmore Square, Boston, 4th Floor Conference Room (close to the Kenmore Square MBTA station, a few doors to the right of Barnes & Noble). RSI Action volunteers answer questions and provide resources and support, including the opportunity to view their provider evaluation book, to people with RSIs (Repetitive Strain Injuries) or other workplace injuries. Discussion topics have included medical treatment, insurance/legal issues, and speech recognition software. For more information or to set up a meeting, call 617-247-6827, or go to <www.rsiaction.org>.

<u>Mondays</u>

NAMI Connection – a support group for adults with mental illness sponsored by the National Alliance on Mental Illness, meets <u>every</u> Monday, 1-2:30 p.m. at the Cambridge Somerville Recovery Learning Center, 153 South St, 2nd Floor in Somerville. The group is free and open to all who self-identify as having a mental illness, regardless of diagnosis. For more information, contact Janel Tan at 617-863-5388 or <tanj@vinfen.org>.

NAMI Support Group for Caregivers –Sponsored by the National Alliance on Mental Illness, this is a free support group for family members, friends and other caregivers of persons with mental illness that provides understanding, comfort, hope and help. This group meets on the 1st and 3rd Monday of each month at 7:30pm at the Cambridge Hospital Learning Center A, 3rd Floor, 1493 Cambridge Street. For

more information, see <www.namimass.org/programs>, e-mail <helpline@namimass.org>, or call Elizabeth at 781-646-0397.

Tuesdays

Boston Voice Users – this group for people who use or are interested in using speech recognition or dictation software meets from 7:30 – 9:30 p.m. on the <u>2nd Tuesday</u> of each month at MIT in Building 2, Rm.135. Members explore the developments, available tools and products, and best use of personal computer-based speech-recognition, and invite both commercial and noncommercial entities to present at meetings. To find out more about meetings and discussions go to <www.bostonvoiceusers.org>.

Wednesdays

Access Advisory Committee to the MBTA (AACT) meets 1-3 p.m. at the State Transportation Building, 10 Park Plaza, Boston, 2nd floor Conference Room #2 on the $\frac{4^{th} \text{ Wednesday}}{4^{th} \text{ Wednesday}}$ of each month. Call 617-973-7507 voice or 617-973-7089 TTY or e-mail <aact@ctps.org> for more information or to request interpreters. Security measures require proper ID for access to meetings.

Access to Art: Explorations – Offered by the Museum of Fine Arts (MFA) in Boston, this is an interactive, multidisciplinary evening workshop that meets at 6pm in the Huntington Avenue Entrance Lobby on the first Wednesday of the month for adults with disabilities, with a focus on cognitive disabilities and disabilities that may affect verbal communication. This program is always multi-sensory and does not require one to be verbal. This program was developed with the intention of having it be as inclusive as possible, thus friends and family members are welcome and encouraged to come and take part. This program is led by a facilitator with experience in both art and theatre and one or more musicians. This program is NOT for groups, and advance notice is appreciated. For more information, see www.mfa.org or contact Valarie Burrows at 617-369-3302 or Hannah Goodwin at 617-369-3189, or e-mail access@mfa.org.

Amputee Support Group – Offered by Spaulding Rehabilitation Hospital, all amputees, their family and friends are invited to socialize and discuss common areas of interest, including accessibility and resources, as well as to provide support and share coping strategies. Meets on the 1st Wednesday of each month from 1-2pm in Conference Room 8A on the 8th floor of Spaulding Rehab Hospital, 125 Nashua Street in Boston (adjacent to the TD Bank Garden; near MBTA North Station). For more information, see www.spauldingrehab.org/events/supportgroupevents or contact Sally Johnson, LICSW at 617-573-2539 (voice), 1-800-439-2370 (TTY), or by e-mail at <sejohnson@partners.org>.

Assistive Technology Resource Center (ARTC) Open House – The ATRC, which helps people with disabilities in Eastern Massachusetts make informed decisions about assistive technology they can use to increase their independence at home, on the job or in school, holds an open house on the 1st Wednesday of each month from 8:30am-4:30pm. These FREE monthly open houses provide an opportunity to see what kinds of assistive technology products are available, and to try them out. The ARTC is located at the Boston Easter Seals office, 89 South Street (one block from MBTA South Station). Visit <www.eastersealsma.org>, call 617-226-2634, or email <ATRC@eastersealsma.org> for more information.

Central Square Resume Writing & Job Hunting, FREE Drop-in Assistance – Free help for adults needing assistance with making resumes or job hunting, offered on a first come, first served basis. Offered every Wednesday from 1-3pm at the Central Square Branch of the Cambridge Public Library (45 Pearl Street), this opportunity for assistance is open to all. For more information, contact Maria Balestrieri at <mbalestrieri@cambridgema.gov> or 617-349-4013.

DBSA-Boston (Depression Bipolar Support Alliance of Boston) Support Group meets <u>every</u> <u>Wednesday</u> evening, 7-9pm at McLean Hospital in Belmont (de Marneffe Building, 1st floor lobby). Includes a lecture on the 2nd and 4th Wednesdays. Call 617-855-2795 or see <www.dbsaboston.org> for more information.

Feeling for Form Introductory Tour of MFA for blind & low vision visitors – The Museum of Fine Arts (MFA) in Boston offers a series of introductory one-on-one guided tours to the Museum and its collections for blind and low vision individuals who want to build a deeper relationship with the Museum. Each monthly session focuses on a different collection and includes wayfinding and verbal description of spaces. These tours are given on the 1st Sunday of the month at 10:30 am and the <u>3rd Wednesday</u> at 6:30 pm. Individuals can attend one or more sessions, whichever interests them. Guided tours can also be scheduled at other times. Pre-registration is not required unless a visitor needs a sighted guide or other access accommodation. Contact Valerie Burrows at 617-369-3302 or <vburrows@mfa.org> to register. Call 617-369-3189 or e-mail <access@mfa.org> or go to <www.mfa.org> for more information. The MFA is located at 465 Huntington Avenue in Boston, and is accessible by the Green line "E" train to the "Museum of Fine Arts" stop, or the Orange line train to the "Ruggles" stop.

Free introductory tour of MFA in sign language & with assistive listening devices –A new monthly offering at the Museum of Fine Arts (MFA) in Boston for people who are Deaf or hard of hearing. These tours will be given at 6:30 pm on the 2nd Wednesday of each month. No pre-registration is required; meet at the Sharf Visitor Center in the MFA. For more information about accessible programs Valerie Burrows at 617-369-3302 voice, 617-267-9703 TTY or e-mail <access@mfa.org>.

Open Support Group for Adults on the Autism Spectrum – Meets on the <u>2nd Wednesday</u> of each month, 7-8:30 pm at the offices of the Asperger's Association of New England (AANE), 85 Main St., Suite 101, Watertown, MA. Hosted by Jamie Freed; a \$5 donation is suggested. RSVP to 617-393-3824, x310 or <Jamie.Freed@aane.org>.

Rainbow Support Group for Adults with Developmental Disabilities – Funded by Massachusetts Advocates Standing Strong and the Department of Developmental Services, and hosted by Cambridge Family & Children's Service (CFCS), this group provides an opportunity for gay, lesbian, bisexual, transgender, and intersex individuals with developmental challenges to find their voice, be heard and supported in a safe, friendly environment. Participants must be at least 22 years old. Meets on the 3rd Wednesday of each month, 4:30 to 6:00pm at CFCS, 60 Gore Street, Cambridge, which is accessible by taking the MBTA Green Line to the Lechmere station. For more information, contact Peter Montalto at pmontalto@helpfamilies.org> or 617-876-4210, x158.

Senior Support Group for Caregivers over 60 – meets on the <u>3rd Wednesday</u> of each month at the Family Resource Center, 20 Gould Street in Reading. Share and learn with other seniors who have adult family members with developmental disabilities. For meeting times or more information, contact Judy SantaMaria at 781-942-4888, x4022 or <familysupport@theemarc.org>.

Spaulding Stroke Support Group – This community-based support group offered by Spaulding Rehabilitation Hospital (SRH) provides socialization and education for stroke survivors and meets on the 2nd Wednesday of the month from 3-4pm in Conference Room 8A on the 8th floor of SRH, 125 Nashua Street in Boston (adjacent to the TD Bank Garden; near MBTA North Station). For more information, see <www.spauldingrehab.org/events/supportgroupevents> or contact Karen Halfon at 617-573-7143 (voice), 1-800-439-2370 (TTY), or by e-mail at <khalfon@partners.org>.

Thursdays

Cambridge Commission for Persons with Disabilities (CCPD) Monthly Meeting – meets on the 2nd Thursday, unless a holiday, at 51 Inman Street, 2nd floor Conference Room, 5:30 to 7 p.m. with opportunity for public comment. Call 617-349-4692 (voice), 617-492-0235 (TTY) or e-mail kthurman@cambridgema.gov for more information or to request accommodations.

DBSA-Boston (Depression Bipolar Support Alliance of Boston) Support Group – meets at Mass. General Hospital <u>every</u> Thursday, 7 - 9 p.m. in the Schiff Conference Center Room, Suite 4A on the 4th floor in the Yawkey Building. Follow the signs. Meetings are free and open to public. For more information call 617-855-2795 or e-mail <mghgroup@dbsaboston.org>.

Spinal Cord Injury (SCI) Support Group – Offered by Spaulding Rehabilitation Hospital (SRH), this weekly support group, which meets <u>every Thursday</u> from 4-5pm, is for anyone affected by SCI, to help and inspire the newly injured through role models and peer mentors, and to support individuals and family members as they begin their post-injury journeys. This group is run by run by Dr. Chris Carter and is held in GBC Office at SRH on the 9th Floor at SRH (take elevator to 9th Floor, make a left off the elevator; second to last door on the right), 125 Nashua Street in Boston (adjacent to the TD Bank Garden; near MBTA North Station). For more information, see:

<www.spauldingrehab.org/events/supportgroupevents> or 617-573-2081 (voice), 1-800-439-2370 (TTY), or by e-mail at <sciboston@aol.com>.

Saturdays

Boston Acquired Brain Injury Support Group (BABIS) – The mission of this free support group is to provide a positive forum for peer socialization, hope and education for people with acquired brain injury, their family and friends. This group is held on the 1st Saturday of the month (see Dec. 3 listing for that month's theme), from 10am-12pm at Spaulding Rehab Hospital, conference rooms 8A & AB, 125 Nashua Street, Boston. No registration required, just show up! For more information, call Sally Johnson, LICSW at 617-573-2539 (voice), 1-800-439-2370 (TTY), e-mail babisgroup@hotmail.com, or see www.babis.info.

Sundays

Feeling for Form Introductory Tour of MFA for blind & low vision visitors –These tours are given on the <u>1st Sunday</u> of the month at 10:30 am. Pre-registration is not required for the Sunday tours unless a sighted guide or other access accommodation is needed. See Wednesday listing for details.

Access Notice: The City of Cambridge and Commission for Persons with Disabilities do not discriminate on the basis of disability. This **Access***Letter* newsletter is available in e-mail, large print and other alternative formats upon request. To add your name to our mailing list, to inquire about alternative formats, or for information about other auxiliary aids and services or reasonable modifications in policies and procedures, contact CCPD.

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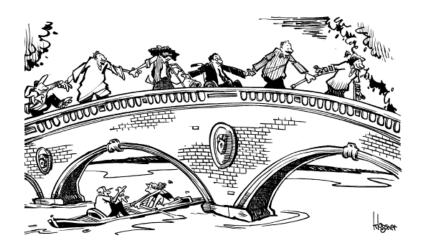
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